

LITTLE CABIN CRAFTS

Fine Handcrafted Soaps and Candles



Soap Making Workshop

An Adult Program Offering at the Massabesic Audubon Center
26 Audubon Way, Auburn, NH. Saturday, Jan. 16, 1 – 3 PM
\$8 Members/ \$12 Non Members plus \$4 material fee.

Barbara Benton from Little Cabin Crafts, LLC in Auburn demonstrates making handcrafted soaps in a workshop at Massabesic Audubon Center in Auburn.

Learn how to make soap on Saturday, January 16 from 1 – 3 PM at the Massabesic Audubon Center. A local soap maker from Auburn, Barbara Benton, will demonstrate making handcrafted soap by the cold process method using all natural ingredients and essential oils. Follow the entire process: the selection of a recipe and ingredients, the choice of utensils and equipment, mixing and pouring into a mold. Finally, watch a recently processed batch being cut into bars using a guitar string. Take home a finished soap bar from a previously cured batch. Ms. Benton will discuss other methods of soap making and will pass on tips and techniques that she has learned as she refined her soap making process. Ms. Benton began making soap over two years ago, first as gifts for friends and then for sale, through her home-based business, Little Cabin Crafts. Ms. Benton's soap is available locally at the Massabesic Audubon Center, Auburn Market, All Good Things in Auburn and Consign at Second Avenue in Amherst. Workshop cost is \$8 for New Hampshire Audubon members and \$12 for non-members plus an additional materials fee of \$4.00. Call 668-2045 to pre-register. For more information, visit the New Hampshire Audubon website at www.nhaidubon.org.

Little Cabin Crafts was formed by Auburn resident, Barbara Benton, in 2007 to create and market her handcrafted soaps. Using all vegetable oils and a wide variety of essential oils and natural additives, Little Cabin Crafts creates soaps that are naturally gentle to the skin with excellent lathering and moisturizing properties. Even soaps can be "green"! These soaps lather just as well in cold, hard water as in warm, soft water. *Lemongrass*, *Colonial Honeysuckle*, and *Mulled Cider* are just a few of the popular soap offerings. *JPS* or *Just Plain Soap* with Shea Butter offers a pure, olive-oil-based soap for people who want no fragrance or other additives. *Oatmeal Scrubbie* uses ground oatmeal to act as a hand cleaner and gentle exfoliant. Ms. Benton became interested in soap making after enjoying soaps made by a relative. "As I made batches to use as gifts, people started calling and asking how could they get more? Pretty soon, I needed the company to help me keep up with demand." Ms. Benton grew up in West Virginia surrounded by crafters, including her mother, a quilter and artist whose oil painting inspired the company's logo.



**To register
email MAC@nhaidubon.org or
call Massabesic Audubon Center
at (603) 668-2045.**

